90 DAYS of Dialogue Questions

1) How am I different since our Encounter Weekend? HDIFAMA?
2) WAMF when we do something for someone else as a couple?
3) WAMF when you tell me you need me?
4) WAMFA our possessions?
5) WAMF when I want to be with you and can't?
6) HDIF when I listen to you with all my heart? (Or you listen to me with all your heart?)
7) What feeling do I have about our relationship as we begin this week?
8) WAMF when I know I have hurt you?
9) WAMF when I am aware that you have had a bad day?
10) HDIF when I am tired?
11) WAMFA the way I am learning to accept you as you are?
12) HDIF when I know you are proud of me?
13) How are you different since our Encounter Weekend? WAMFTYT?
14) HDIF when we don't dialogue?
15) What particular feeling did I have today that I want to share with you? HDIFAMA?
16) HDIF when I see you after a long day?
17) HDIF when I make you smile?
18) in what way am I most private in our sexual relationship? WAMFTYT?
19) How has our love grown since our Encounter Weekend? WAMFTYT?
20) What do I see special in you today? HDIFAMA?
21) Do I have confidence in your love for me? HDIFAMA?
22) How have I loved you unconditionally in the past two weeks? HDIFAMA?
23) HDIF when we work on the budget together?
24) HDIF when we invite a couple to make an Encounter Weekend and they say "yes"?
25) WAMF when we pray together as a family at meal time?
26) In what way has our non-verbal dialogue improved since our Encounter Weekend? HDIFAMA?
27) HDIF about my (your) job?
28) What amazes me most about our marriage? WAMFTYT?
29) HDIF about our efforts to be more of a couple?
30) In what specific ways has our dialogue increased our confidence in each other? WAMFTYT?
31) What one thing has united us most today (this week?) HDIFAMA?
32) HDIF when you are under pressure?
33) When do I need your decision to love me the most? WAMFAMA?
34) What one thing do I want to change about myself that I think would please you? WAMFAMA?
35) HDIF when you kiss me?
36) HDIF when we pray together as a couple?
37) The discipline of daily dialogue is difficult. HDIFAMA?
38) HDIF about our growing old together?
39) When have I been most aware of our closeness to God? HDIFAMA?
40) HDIF when you touch me?
41) What do I like best about our sexual relationship? WAMFTYT?
42) HDIF when I see an Encounter sticker on the freeway?
43) HDIF when one of our children says; I love you"
44) HDIF when we support someone in their dialogue?
45) WAMFA God in our lives now?
46) HDIF when you tell me you love me?
47) WAMF being married to you?
48) How have we grown in unity this week? HDIFAMA
49) HDIF when I help you see your own specialness?
50) HDIFA our relationship as a couple to our children?
51) HDIFA you today?
52) HDIF when you want to understand me better?
53) HDIF sharing my feelings with you?
54) HDIFA our dialogue?
55) HDIFA our children right now?
56) WAMFA getting up in the morning?
57) WAMFA when you are gentle?
58) In what specific way did I reach out to someone today? WAMFTYT?
59) HDIF when I feel lonely?
60) HDIFA our growing closeness to God as a couple?
61) HDIF when you leave a note of love where I can find it unexpectedly during the day?
62) HDIF when you put your arms around me in public?
63) What qualities do I like most about you today? HDIFAMA?
64) HDIF when you hug me after a rough day?
65) HDIF after rereading our Encounter Weekend Journals?
66) HDIF when I see someone suffering?
67) HDIFA the loving atmosphere in our home since our Encounter Weekend?
68) HDIF when I am depressed?
69) HDIF when you really try to reach out and accept my feelings about sex/money/relatives?
70) What feelings do I find most difficult to share with you? HDIFAMA?
71) HDIFA our relationship right now?
72) HDIF when you discipline the children?
73) HDIF when we plan things together?
74) WAMF when we go out socially?
75) WAMFA our home?
76) What choices have I made today to love you? WAMFAMA?
77) HDIFA Jesus saying to us, "You have not chosen me. I have chosen You?"
78) What other couples have touched our lives? WAMFAMA?
79) How could I be more open to you in our dialogue? WAMFAMA?
80) How has my self-image improved since our Encounter Weekend? WAMFTYT?
81) HDIFA our relationship with your (my) relatives now?
82) How much am I aware of God in our everyday life? WAMFTYT?
83) HDIFA Jesus in our lives now?
84) What do I now see as your most endearing quality? WAMFAMA?
85) WAMF when we receive Communion together?
86) HDIFA the image of God being made clearer to me through you?
87) What is my most treasured possession? HDIFAMA?
88) HDIF knowing God needs our couple love in the world?
89) HDIFA your compassion/tenderness/frown/walk/eyes/smile?
90) HDIFA your/my hopes, holiness, highs, lows, hobbies, temper, favorite movie, book, record, song, food, chair, about a rainy day, a sunny day, Christmas presents, my/your age?

HDIF How do I feel?
WAMF What are my feelings?
WAMFA What are my feelings about?
WAMFAMA What are my feelings about my answer?
HDIFAMA How do I feel about my answer?
WAMFTYT What are my feelings telling you this?