

# MARRIAGE RESOURCES

## One day community renewal:

- Use the **Deeper outline** for previous Encountered community.
  - Pros: Familiar (ME) information / content.
  - Familiar (ME) presentation style.
  - Cost lower than a regular ME weekend.
  - Personal sharing could be a plus or minus for some couples.
- Cons: Maybe difficult to accomplish in one day – may take two days one night.
  - Cost may still be quite high even with one less night.
  - Time – two days is more realistic than one? Would need further investigation, if possible to do in one day cost would be decreased even more.
  - Personal sharing aspect could be a plus or minus to some couples.
  - Some rewriting of Deeper outline maybe required.

## Flame Ideas:

- Catholic website available for Flame presentation ideas elf and erl
  - Some of these tend to be lengthy and are better possibilities for one day community renewals than Flame meetings.
- **DVD's** – many DVD's on marriage issues are now available at reasonable cost. These can be used for a number of Flame meetings. These DVD's ease the burden of couples developing their own "program presentation".

DVD examples that have been used or have potential for Flames.

- + The Art of Communication by Gary Smalley and sons (3 hours)  
(3 sessions could break up into 6 sessions possibly).
- + Laugh Your Way To A Better Marriage by Mark Gungor includes the following (some can be purchased individually):
  - Tale of Two Brains – Why Does He/She Do That - #1 Key to Incredible Sex – How to Stay Married and Not Kill Anybody  
(4 DVD set many Flame meetings potential)
- + Staying in Love by Andy Stanley (4 sessions 110 minutes total)
- + Your Time Starved Marriage by Les & Leslie Parrott (6 sessions about 15 minutes each run time).
- + Love Talk by Les & Leslie Parrott (6 sessions 82 minutes total)
- + I Love You More by Les & Leslie Parrott (8 sessions)
- + The Five Love Languages by Gary Chapman
- + Fireproof Love Dare (session series)
- + Who Did You Really Marry? by Focus on the Family (6 sessions)
- + Handle With Care by Focus on the Family
- + Love & War by John & Stasi Eldredge
- + Dr. Kevin Leman has a number of marriage DVD's available some tend to be more expensive than others listed above.

## **Marriage Class:**

- The Marriage Course By Alpha (7 sessions about 2 hours each done once per week for 7 weeks. Cost is expensive for DVD's and workbooks. (We have done this twice at our church in past years this is a very good program and covers many marriage topics – well received by couples. Our church charges \$40/ couple to cover costs)
- The Five Love Languages (DVD from above) by Gary Chapman (done in one session takes 4 to 6 hours will need to order workbooks we have done this at Flame – a number of sessions and at church on a Saturday one session, well received by all)
- Various presentations on the elf / erl Catholic websites (These are outlines only and will need to be written).

## **Relationship Programs for Adult Sunday School Classes:**

- Any of the Les & Leslie Parrott DVD's work well in a 45min. – 1 hr. time frame. (we have done this and was well received) see above for titles.
- Staying in Love by Andy Stanley (4 sessions) should work well and appeal to the mid 20's – 30's group as well as older. He is a younger pastor and uses many ME concepts. We have only previewed but looks good.

## **➤Films/Videos**

- ☼Fireproof
  - ☼Soulsurfer
  - ☼Art of Possibility - Ben Zander
  - ☼Facing the Giants
  - ☼The Grace Card
  - ☼Radiating Possibility – Ben Zander
  - ☼Courageous
  - ☼Everyday Creativity - DeWitt Jones
  - ☼Eat the Frog First -- other leadership short videos from Simple Truths
- [www.simpletruths.com](http://www.simpletruths.com)

## **➤Community Events/Study groups/Flame programs/Encounter Enrichments**

- Great Marriage Experience –Dr Gary & Barb Rosberg- “6 Secrets to a Lasting Love.” 5 sessions DVD This is also being used for military couples before deployment and/or after deployment.
- Art of Marriage – Dennis & Barb Rainey, FamilyLife [artofmarriagefamilylife.com](http://artofmarriagefamilylife.com) DVD 6 sessions; premiered 2.11.11 (condensed of Weekend to Remember)
- Making Love Last a Lifetime - Adam Hamilton UM pastor from Kansas DVD 8 sessions Biblical perspectives on love, marriage, and sex
- [www.coupleprayer.com](http://www.coupleprayer.com) - 6 week prayer series DVD
- 5 Love Languages – Gary Chapman DVD Book series (handouts on encounter.org)
- <http://www.5lovelanguages.com/assessmentslove/> On-line assessment with results
- Things I Wish I Knew Before I Was Married. – Gary Chapman – book especially for pre-married couples -- love, memories, conflict resolutions, forgiveness, sexual fulfillment
- 5 Languages of Apology – Gary Chapman – book
- Starting Marriage Right :What You Need to Know Early Years to Make it Last a Lifetime. – Dennis & Barb Rainey – series looking at issues that surface about every marriage; to keep spiritual core. (Book)
- Strength Finder 2.0 - Tom Rath book includes on-line personal ‘strengths’ assessment
- Ten Great Dates – Claudia & David Arp [www.marriagealive.com](http://www.marriagealive.com) 10 sessions each 2-2 1/2 hrs.to energize your marriage; -empty nesters
- Celebrate Marriage – A day long enrichment - [erl.wvme.org](http://erl.wvme.org) – Community Pillar cp 1601, 1602 (Outline and workbook)
- GBOD: Growing Love in Christian Marriage" Couples edition (Cokesbury)

## ➤ Internet – Topics; articles

- ◆ Family First – Mark Merrill - daily
- ◆ First Things First
- ◆ wwme.org - continually ME news items; events on home page.
- ◆ YouTube – Father Gallagher (2010)
- ◆ ematrimony.org/inviting
- ◆ ematrimony.org/resources
- ◆ ematrimony.org/inviting/bulletin
- ◆ [www.aweekendofdiscovery.org](http://www.aweekendofdiscovery.org) –bulletin insert; Ideas (website for S IL)
- ◆ foryourmarriage.org –Articles; ideas; daily issues (Catholic bishops)
- ◆ alifetimeoflove.org – bulletin inserts; seasonal ideas (website for N IL)
- ◆ [erl.wwme.org](http://erl.wwme.org) - **Bulletin Announcement Catalog (Weekend Pillar; Bulletin/Announcement- WP1001**
- ◆ [erl.wwme.org](http://erl.wwme.org) – **Catalog of Build-It** Resource
- ◆ [erl.wwme.org](http://erl.wwme.org) - Community Pillar Resources - dialogue questions; many references
- ◆ [elf.wwme.org](http://elf.wwme.org) – **BCTR (Building Community Through Relationships)** 6 sessions
- ◆ [elf.wwme.org](http://elf.wwme.org) – wide range of materials logon ID: unitedmethodist password: covenant
- ◆ Marriage Love Power [www.marriagelovepower.net](http://www.marriagelovepower.net) Jane P Ives, UM Marriage & Family Ministries Consultant for GBOD. Many programs and contact references.
  
- ♥ Love is Here.com (Marriage CoMission outreach)
- ♥ Love is Resources.com (Marriage CoMission outreach)
- ♥ Twitter - <http://twitter.com/ematrimony>
- ♥ Facebook – Marriage Encounter United Methodist of the United States
- ♥ Facebook – Worldwide Marriage Encounter -1500 members (under ‘group’)
- ♥ inspiredfaith - daily devotional
- ♥ Marriage Champions – [tangofamilyinitiative.com](http://tangofamilyinitiative.com)

There are many resource articles on the Internet that can be incorporated for Flame presentations.

**Below are websites for erl, elf, and Engaged Encounter resources.**

### **Encounter Resource Library**

**[erl.wwme.org](http://erl.wwme.org)**

- **Community pillar**
- **Weekend pillar**
- **Team pillar**
- **Structure pillar**
- **General pillar**

### **Encounter Leadership Files**

**[elf.wwme.org](http://elf.wwme.org)**

- **ID is: unitedmethodist**
- **password: covenant**

**WEDS Manual – updated**

**BCTR –Building Community Through Relationships**

**Bulletin Announcements Catalog**

**Many, many resources**

### **Engaged Encounter Resources**

**[www.engagedencounter.org](http://www.engagedencounter.org)**

- **Weekends**
- **Communities**
- **International**
- **National Family**
- **New Outline**
- **Central Supply**
- **Convention**
- **Related Links**